

● LEIGH HARRIERS QUADRATHLON ●

🏃 Order of events 🏃

- T1 18:00 50m U10 Girls
- T2 18:15 50m U10 Boys
- T3 18:30 75m U12 Girls
- T4 18:45 75m U12 Boys
- T5 19:15 400m U10 Girls
- T6 19:30 400m U10 Boys
- T7 19:45 600m U12 Girls
- T8 20:00 600m U12 Boys
- T9 20:20 Relays
- Long Jump & Javelin – Open 18:00-20:00

Javelin – U10s Howlers/U12s Soft Javelin 3 throws, longest measured.

Long Jump – 3 jumps, the longest measured.

Pre- entries made my **Monday 27JUL26** by emailing
kimberleyhowarth955@hotmail.com payment made to

Leigh Harriers and Athletic Club

Account Number 01007998

Sort Code 60-13-04

Ref: Quad – Club or Athlete name.

Or enter on the night registration open 5:30-5:50pm.

